



SAVE THE DATE



FLC Preview

NOVEMBER 2-3

Sheraton West Des Moines

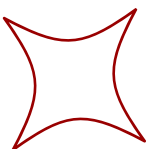


Amplify Your Impact with your State Officer
Team at the Fall Leadership Conference!

**Fuel your fire and
find your fearless
future!**

**Forge friendships
while facing fresh
challenges head-
on!**

**Feel the energy
flow as you fast-
track your
leadership skills!**





Mini Sessions

Your Money, Your Future

Take control of your financial future—starting now! Join us for a hands-on mini session with Veridian Credit Union. We'll cover the essentials of budgeting, saving, and making smart spending decisions, plus tips for building healthy money habits that last a lifetime.

Follow the North Star

Great leaders don't just point the way—they light the way. In this fast-paced, hands-on workshop, you'll discover how to give clear, confident directions that inspire action and build trust. Through a quick partner challenge and guided reflection, we'll explore what it means to be a "North Star" for your team. Whether you're leading a project or helping a friend, you'll walk away with simple tools to guide others with clarity, confidence, and purpose.

Pitch Perfect

Can you sell yourself in just one minute? This high-energy, hands-on session will transform how you present yourself, teaching you to craft a knockout personal pitch that grabs attention, builds confidence, and opens doors. Walk away ready to own any interview, networking event, or chance encounter, because sometimes, 60 seconds is all you get to shine!

Dress for Success

Style to succeed in this mini session on professional dressing, designed to help you build a wardrobe that matches your personal style while improving your professional appearance and boosting your confidence. In this session, you learn how to create outfits that work for both your unique taste and your career goals.

Inside Out


It's time to meet the real 'you' behind the scenes. By taking this brief personality test, you'll go beneath the surface to uncover the emotions, traits, and patterns that drive your thoughts, choices, and connections with others. Whether you're ruled by Joy or guided by fear, this is your chance to understand how your inner self shapes the outer you.

Polish Your Posture

Take a drive into the power of body language and hand movement to enhance speaking presence. You'll learn how small changes in posture, gestures and facial expressions can convey confidence and make your message more impactful. This session emphasizes the importance of non-verbal communication and equips you with practical tips to avoid nervous gestures, allowing you to speak with purpose and authenticity.

Pump It Up

Discover the secret blend behind Pump It Up — the only fully BPA-run coffee shop in Iowa! Join us for an interactive session packed with quick tips and real-world insights on how to launch and lead your own student-run business. Then, get ready to roll up your sleeves for a fun, hands-on activity inspired by the shop's daily grind — designed to spark your creativity and teamwork.





Mini Sessions

The Future is Now

Step into the future with this eye-opening mini session on AI in the workplace. Discover how artificial intelligence is reshaping industries, transforming daily tasks, and creating new career opportunities. From smart assistants to automation and data-driven decision-making, you'll learn how AI is being used today—and what it means for your future job.

Next Stop: The Real World

Join Rochelle Sowers, a college career coordinator with access to over 1,200 high school internships, as she guides you through the exciting world of real-world opportunities. Discover how to find, apply for, and secure internships that can jumpstart your career — no experience necessary!

Networking

Discover how to network like a pro in this high-energy session, building meaningful, lasting connections while mastering the art of making friends, strengthening relationships, and growing your circle.

LinkedIn Liftoff

Your brand is taking off. Get ready for lift-off! Expand your business profile across the key platform of LinkedIn and ignite your brand's visibility like never before.

Lead from the Front

Meet with State Officer Coordinator, Diane Fickel, to learn about the process and rewards of being a State Officer next year.

The Invisible Connection

Step into the unknown—literally. In this eye-opening mini session, you'll experience what it means to truly trust by putting your confidence in a partner to guide you through a maze without your sight. Through this powerful blindfolded activity, you'll discover the importance of communication, vulnerability, and leadership in action.

Debate Dash

Ready... set... debate! In this high-speed speaking challenge, you'll go head-to-head in timed debates designed to boost your confidence, sharpen your thinking, and get you comfortable speaking on the spot. With only seconds to prepare, it's all about quick wit, clear communication, and learning to lead with your voice—no matter the topic. Fast, fun, and full of energy, this workshop is perfect for anyone looking to level up their public speaking game.

Watch The Clock

Don't waste your time. Better take control of your time and create a healthier balance between your responsibilities and personal life. Through using practical strategies learn how to prioritize tasks, set realistic goals, and make room for what truly matters. This session will guide you in identifying what is most important to you and build schedules that support both productivity and well-being. Focus on what brings you joy and purpose for your future.





Featured Events

Dance/ Games Party

Get ready to move, groove, and compete! Join us for a night full of awesome beats, fun games, and nonstop energy where friends come together to dance, laugh, and make unforgettable memories. Don't miss out on the ultimate party vibe!

College Fair

Explore your next steps by speaking to admissions reps from various colleges. You can get all your questions answered in one place! Whether you're dreaming big or figuring things out, this College Fair is your first step toward making your college choice.

Service Learning

Visit six different stations to participate in fun activities that enhance service learning. This experience will nurture personal development, social responsibility, and community engagement. Bring your creativity to these projects, including rock painting, friendship bracelets, and blanket tying!



60 Ideas in 60 Seconds- Jr. Achievement

Dive into real challenges teens face today and put your problem-solving skills to the test! In this interactive session, you'll tackle different issues, brainstorm creative solutions, and work together to make a positive impact. Come ready to think big, collaborate, and be part of the change!

Competitive Event Previews

Step up your game with expert tips and strategies to crush competitive events! Learn how to prepare, perform, and prevail from those who've been there—and get the edge you need to take home the win.

